

DEPARTMENT OF PHYSICAL EDUCATION-2022-2023

Staff member:

Head & Director of Physical Education: Mr. **R. Selvakumar**, M.P.ED., M.Phil, P.G.D.C.A,

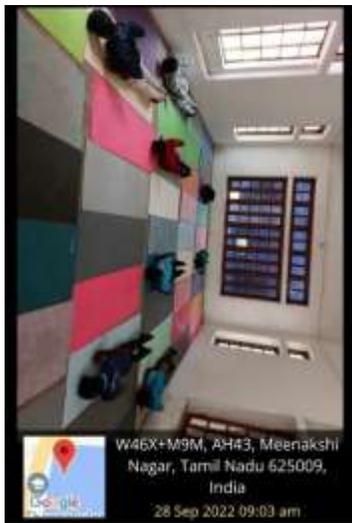
P.G.D.Y.H, NSNIS(Badminton)

Asst. Director of Physical Education: Dr. P. Nathiya, P.G.D.Y.H

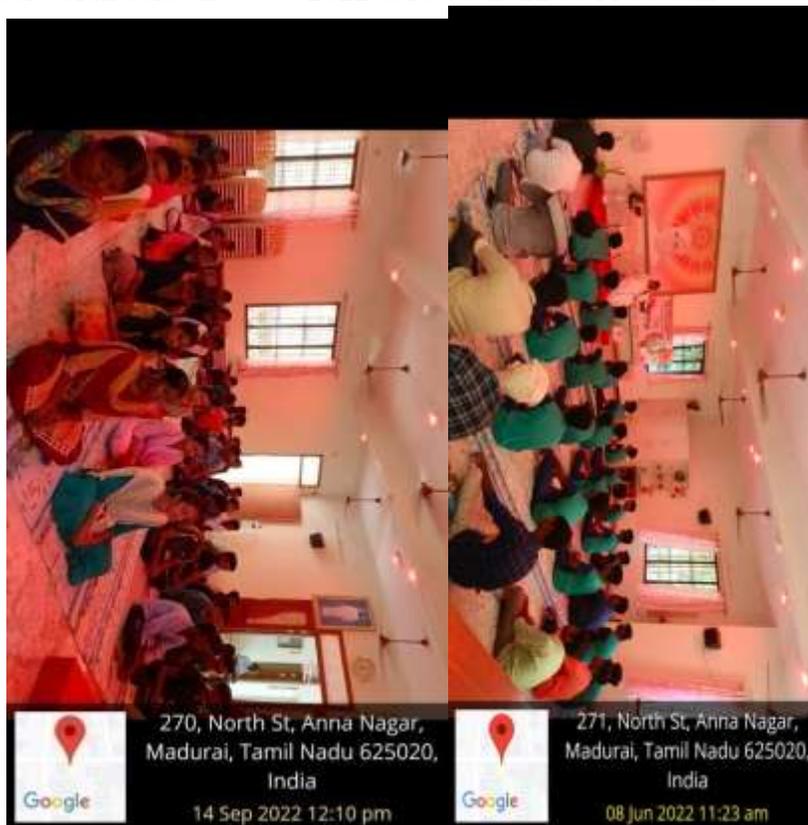
1. Mr. R. Selvakumar , Director of Physical Education and volunteers of Bhramakumaris Center Madurai jointly organized Lecdem Meditation training programme under the theme of “YOGA FOR HUMANITY” for the eve of International Yoga Day celebration held at Diamond jubilee hall on 01-06-22



2. Mr. R. Selvakumar demonstrates the yoga under the theme of “one day one yoga” held at Pathanjali yoga center from 01.08.22 onwards.



3. Part 5 physical education students were actively visited the Bramakumariscentre, Madurai and also practice the meditation technique under the demonstration of center volunteers on 08.06-2022 &14-09-2022 at 11.00 a.m.



4. The Department of Physical Education organized the Trekking under the title of “Awareness of yoga and fitness” programme for college part V Physical

Education students held at Samanar hills, Madurai on 11-02-2022 at 7.30 a.m.



5. Part V Physical education, YRC, Value Education students Voluntaries actively Participated in “Yoga and fitness” Lecdemclasses for the eve of National sports day celebration organized and demonstrate the asanas, Pranayama techniques and fitness training by R. Selvakumar, Director of Physical Education and also “Meditation” Lecdem class by Volunteers from Brahmakumarisishwaravishwavidyalaya, Madurai Pathanjali yoga center and Diamond jubilee hall on 29-08-22 at 7.00am Thiagarajar college, Madurai-09 totally 105 students participated in the programme



6. The Department of Physical Education organized the National sports day Celebration under the theme of “ Enabling the disable through sports and games” progamme for college Divyang students (M&W) on 29-08-22 (Monday) totally 60 students were participated in this programme. Dr. J. Ranjithkumar, Dyanchand awardee, International para athlete delivered the special address.



7. Part V Physical education students Voluntaries actively Participated in Swachhbharath mission activity at our college campus on 21-10-21

8. The Department of Physical Education organized the Traditional sports festival held at college ground on 14-09-22at 8.00am totally 500 students

were participated in this programme.



9. The Department of Physical Education organized the Ayuthapooja and Vijayadasami celebration on 01-10-2022 at 11.30am totally 80nos (M&W) students were participated.

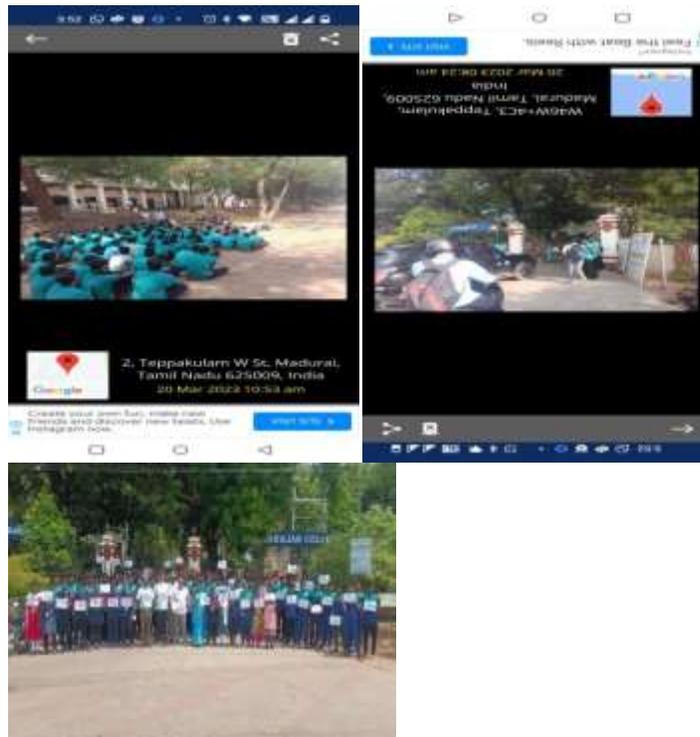


10. Mr. R. Selvakumar , Director of Physical Education and volunteers of Bhramakumaris Center Madurai jointly organized and Celebrate the Men Staff Rakshabandhan celebration at our college on 13 August 2022



11. Mr. R. Selvakumar, Director of Physical Education and part V aided students were actively participated in the helmet awareness programme on 20-03-23 for the eve of road safety programme and also our college students were form

the human chain rally for helmet awareness programme myself jointly organized Tamil nadu traffic police, Madurai on 20-03-23



12. The department is also conducting regular yoga classes covering both theory and practical aspects for men and women: It is offered to:

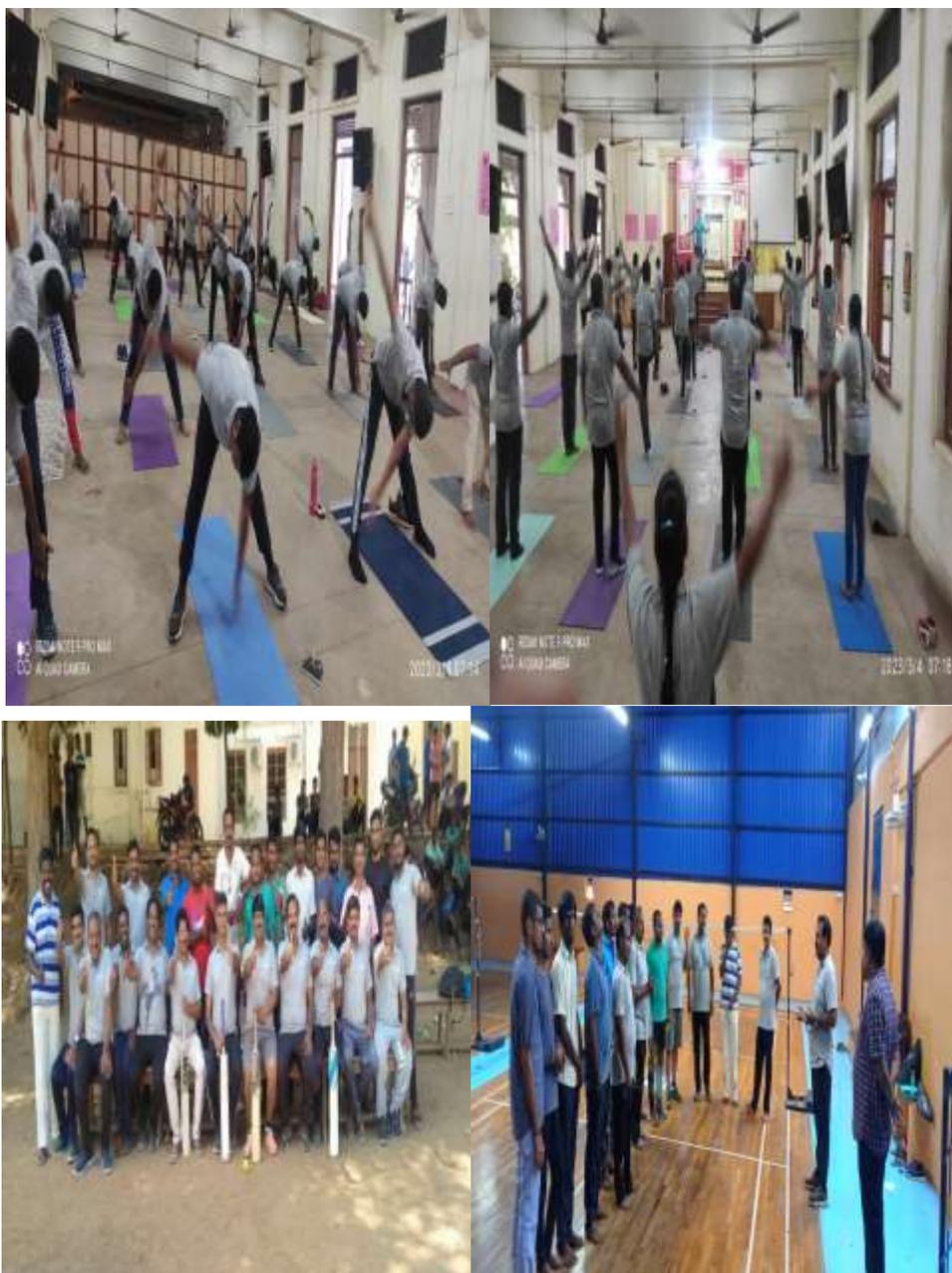
1. Sports & games students
2. Part V Students (Regular & Self finance students)
3. Fitness & wellness certificate course students of Women study center.

Management contribution

1. Our honorable management sponsored Rs.26,00,000/- to the International standard New Asphalt synthetic tennis court with fencing for promote the sports infrastructure facilities for our college students.

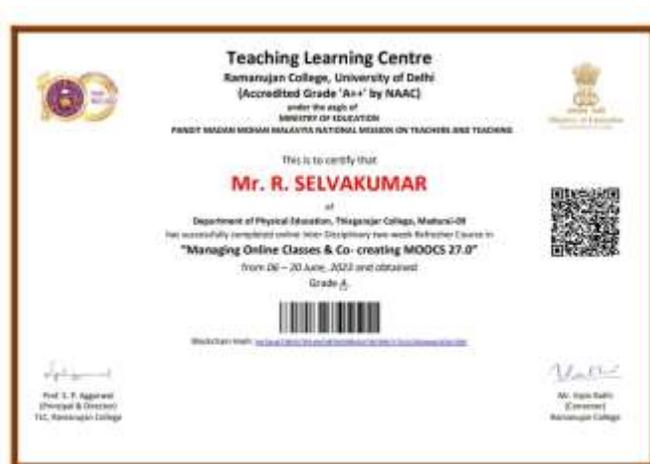


2. Our honorable management sponsored Rs. 50,000/- to the Teaching staff training cum awareness programme on “Fitness for Life” at Tholkapiararangu, Thiagarajar college, Madurai on 04-03-23(Saturday) with T- shirts and traditional breakfast. Mr. Gousebasha. J.H, Physical Fitness Trainer as resource perxon.



Attended International /national /Seminar/FDP /World record/Certificate course/ Refresher course:

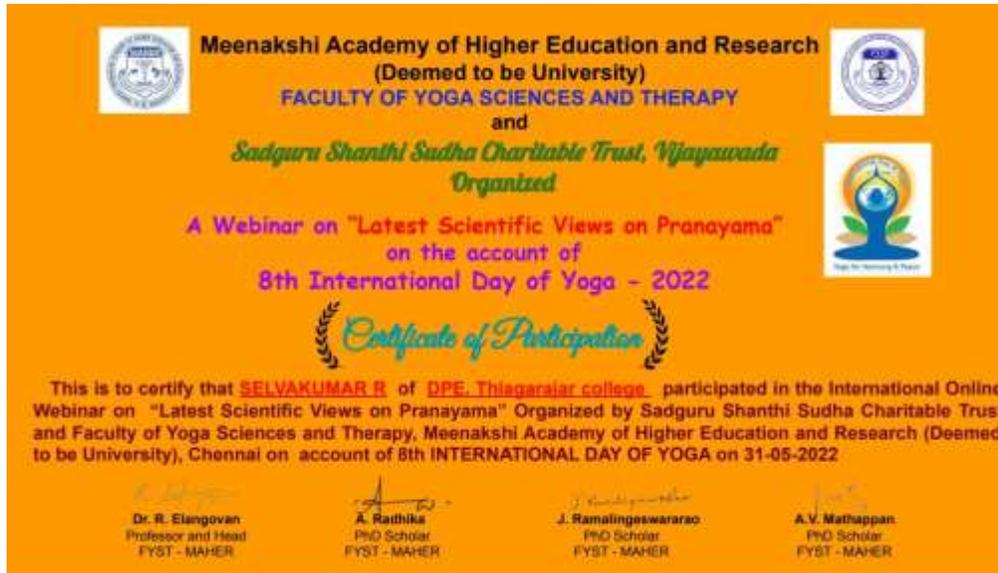
1. Mr. R. Selvakumar, Director of Physical education has successfully completed the one week faculty development programme on “ Recent Trends and Challenges in Research” organized by teaching learning centre, Ramanujan college, University of Delhi from 10-05-21 to 18-01-21 and obtained **Grade-A.**



- Mr. R. Selvakumar, Director of Physical education has successfully completed the Nutrition through Nutri –Cereals Pledge to include the poshan millet- based food in a daily diet and to maintain household Nutrition security on 20th January 2023



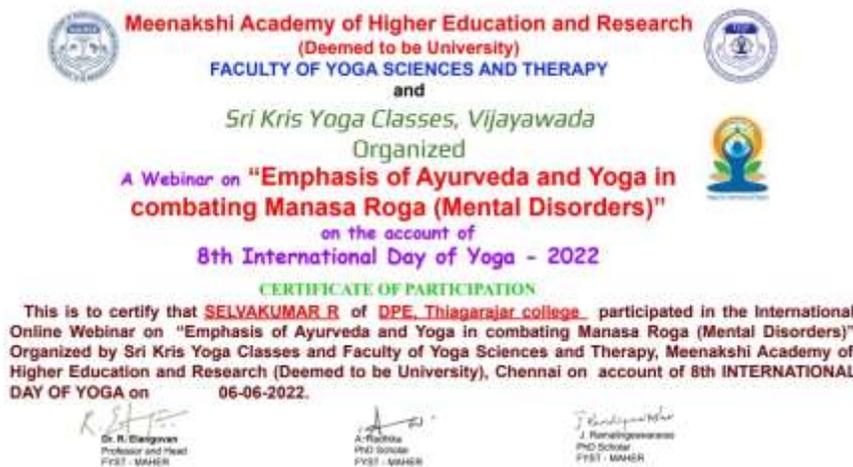
3. Mr. R. Selvakumar, Director of Physical education has participated the International Online webinar on “Latest scientific views on pranayama” organized by Meenakshi Academy of higher education and research, Chennai on the account of 8th International day of Yoga on 31st May 2022



4. Mr. R. Selvakumar, Director of Physical education has successfully completed the International online Record attempt – Ardha chandrasana for 150 second organized by Meenakshi Academy of higher education and research, Chennai on the account of 8th International day of Yoga on 15th May 2022.



5. Mr. R. Selvakumar, Director of Physical education has successfully completed the International online webinar Emphasis of Ayurveda and yoga in combating manasa roga (Mental disorders) organized by Meenakshi Academy of higher education and research, Chennai on the account of 8th International day of Yoga on 06-06- 2022.



6. Mr. R. Selvakumar, Director of Physical education has participated the International online webinar on “Yoga for mental fitness” organized by Meenakshi Academy of higher education and research, Chennai on the eve of 8th International day of Yoga on 02-06- 2022.



7. Mr. R. Selvakumar, Director of Physical education has participated the National webinar on “Yogic Diet” organized by Sri Sarada college of Education, Salem on 23-05- 2022.



International Yoga Award :

1. Mr. R. Selvakumar, Director of Physical education has received the Internal level GWR YOGI YOGA AWARD – 2022 on 07-06-2022

Membership in national bodies :

1. Mr. R. Selvakumar, Director of Physical Educaiton appointed as Traffic warden under Tamilnadu police traffic wardens, Madurai City on 03-05-2022



2. Mr. R. Selvakumar, Director of Physical education attended the yogasana and parayogasana sports District judges & referees training organized by Ramakrishna mission Vivekananda educational & research institute on 26-27/11/22

Special Appointment :

1. Mr. R. Selvakumar, Director of Physical Education has appointed as Member in Tamil nadu Chief Minister Trophy tournament 2023 ordered by the Sports Development authority of Tamil nadu



External Examiner:

1. Mr. R. Selvakumar, Director of Physical Education conducted the comprehensive semester practical examination under the title of Yoga and meditation, First aid & Physical Education papers held at GTN college, Dindigul on 02-04/06/22, 21-23/11/22 & 24-25 /4/23



Tournament Organized :

1. Organised the Madurai kamaraj University A- zone Inter-Collegiate Badminton tournament held at American college Indoor stadium, Madurai on 14-10-2022 at 7.30 a.m. R. Selvakumar, Director of Physical Education appointed as convener
2. Organised the Madurai kamaraj University A- zone Inter- Collegiate Handball tournament held at Govt. Arts College, Mellur on 15-11-2022 at 7.30 a.m. R. Selvakumar, Director of Physical Education appointed as convener
3. Organised the Madurai kamaraj University A- zone Inter- Collegiate Cricket tournament held at Madurai kamaraj University grounds on 10-11-2022 & 11-11-

2022 at 7.30 a.m. R. Selvakumar, Director of Physical Education appointed as convener



4. Organised the Madurai kamaraj University Inter- Collegiate Fencing tournament held at Sermathaivasan college, Madurai on 13-11-2022 at 7.30 a.m. R. Selvakumar, Director of Physical Education appointed as convener



5. Organised the Madurai kamaraj University A Zone Inter- Collegiate Kabaddi tournament held at Thiagarajar college, Madurai on 20-10-2022 at 7.30 a.m. R. Selvakumar, Director of Physical Education appointed as convener



6. Organised the Madurai kamaraj University Inter- Collegiate Chess tournament held at The American college, Madurai on 17-19/10/2022 to at 7.30 a.m. R. Selvakumar, Director of Physical Education appointed as convener



Selection Committee Member:

1. Mr. R. Selvakumar, Director of Physical Education Appointed as a Selection committee member for Madurai Kamaraj University Inter zone Badminton (Men) blues team held at SBK College, Madurai from 1&2 November 2022.
2. Mr. R. Selvakumar, Director of Physical Education Appointed as a competition secretaries and Time keeper for Madurai Kamaraj University Athletics (Men& Women) team held at Dr. M.G.R Stadium, Madurai-02 from 20-12-2022 to 21-12-2022.



3. Mr. R. Selvakumar, Director of Physical Education Appointed as a Selection committee member for Madurai kamaraj University Inter- Collegiate Fencing tournament held at Sermathaivasan College, Madurai on 12-11-2022 at 7.30 a.m.
4. Mr. R. Selvakumar, Director of Physical Education Appointed as a Selection committee member for Madurai kamaraj University Inter- Collegiate Table Tennis (Women) tournament held at The American College, Madurai on 19- 20/10/2022 at 7.30 a.m.

Coaching Camp Programme:

1. We also Organized Coaching Camp for Badminton, Boxing, Ballbadminton, Basket ball, Chess, Cricket, Football, Kabaddi, Table Tennis, Best Physique,

Volleyball, Handball, weight lifting & power lifting for Men Students & Athletics.
Chess, Badminton, Ballbadminton, volleyball, Athletics for Women students.

The following are the achievements of an students in M.K.University 'A' zone Inter collegiate team Tournaments:

1. Our College Table tennis (Men) team won the MKU 'A' zone Inter- Collegiate Runners-Up Trophy held at American college, Madurai on 14-10-2022



2. Our College Badminton (Men) team won the MKU 'A' zone Inter- Collegiate Runners-Up Trophy held at American college, Madurai on 14-10-2022



3. Our College Ball badminton (Men) team won the MKU 'A' zone Inter-Collegiate Runners-Up Trophy held at The American College, Madurai on 10-09-2019



4. Our College Volleyball (Men) team won the Madurai District volleyball tournament Third place held at The American College, Madurai on 15-10-2023



5. Our College Fencing (Men) team won the MKU Inter- Collegiate Runners-Up Trophy held at Sermathaiivasan College, Madurai on 12-11-2023



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Sl.no	Name of the student	Reg.no	Venue and date	Students participated in which Event	level	Evidence
1.	S. Nithila		Fatima college, Madurai on 4-9-22	Holding the yoga pose like	Cholan Book of World record	
2.	N. Madhiniyal		Fatima college, Madurai on 4-9-22	Holding the yoga pose like	Cholan Book of World record	
3.	S. Muthurakku		Fatima college, Madurai on 4-9-22	Holding the yoga pose like	Cholan Book of World record	
4.	M. Santhoshrathnam		Fatima college, Madurai on 4-9-22	Holding the yoga pose like	Cholan Book of World record	
5.	S.P.C. Jagadisvarapandian		Fatima college, Madurai on 4-9-22	Holding the yoga pose like	Cholan Book of World record	
6	D.kottaisamy	21UCS06	National karate championship held at Kovilpatti on 08.01.22	Kata	First place	
				Kumite	First place	

Inter-University level tournament Coach Cum Team manager :

1. Mr. R. Selvakumar, Director of Physical Education, Thiagarajar college has appointed as team manager and coach for Madurai kamaraj university Taekwondo team (Men) to participate the All India inter university Taekwondo (Men) tournament held at Gurunanakdev Univeristy, Amritsar, Punjab from 30-12-22 to 9-01-23



International / National level Achievements:

Enabling the diable:

SL. No	Name of the student	Reg.No	Name of the Game/Sp orts	Students participated in which Event	National level
1	D. Murugavel	20UTA23	Cricket	Unisys Transforming &Empowe ring Blind individuals through skilling & cricket coaching programme organized in Cricket Association for the Blind in India from 26 December – 14 January 2023	
			Kabaddi	Participated the state level Kabaddi championship for the Blind held at Madurai on 23&24 April 2022	
			Athletics	Participated the Shotput in District level Athletic meet held at Dr. MGR stadium, Madurai on 28 August 22	
			Athletics	Participated in 18 th State senior para athletics championship 23 at Chennai from 19- 21 January 23	
			Cricket	Participated in the state level cricket tournament held at poondi on 4-5 June 22	

					
2	J. Parthiban	20UTA26	Cricket	Unisys Transforming & Empowering Blind individuals through skilling & cricket coaching programme organized in Cricket Association for the Blind in India from 26 December – 14 January 2023	
			kabaddi	Participated in the state level kabaddi championship for blind held at velammal matriculation school, Madurai on 23 & 24 April 2022	
			Athletics	Representing TamilNadu participated in 100M,400m, events at Thyagraj stadium, New Delhi from 14 – 16 December 2022	
			Athletics	Won the Gold medal in 100 mtrs& Shot put events in District level Athletic meet held at Dr. MGR stadium, Madurai on 28 August 22	
			Athletics	Participated in 18 th State senior para athletics championship 23 at Chennai from 19- 21 January 23	
			Cricket	Participated in the state level cricket tournament held at poondi on 4-5 June 22	
			Cricket	Won the Bronze medal in State level Cricket tournaments for Visually impaired tournament held at Coimbatore on 14-15 August 2022	

3	M. Vengadeshwaran	21UTA34	Cricket	Unisys Transforming &Empowe ring Blind individuals through skilling & cricket coaching programme organized in Cricket Association for the Blind in India from 26 December – 14 January 2023	
			Cricket	Won the Bronze medal in State level Cricket tournaments for Visually impaired tournament held at Coimbatore on 14-15 August 2022	
			kabaddi	Participated in the state level kabaddi championship for blind held at velammal matriculation school, Madurai on 23 & 24 April 2022	
			Athletics	Participated in Javelin in District level Athletic meet held at Dr. MGR stadium, Madurai on 28 August 22	
			Athletics	Won the Silver medal in long jump event in 18 th State senior para athletics championship 23 at Chennai from 19-21 January 23	
			Cricket	Participated in the state level cricket tournament held at poondi on 4-5 June 22	
4	S. Kaviraman	22UEC17	Cricket	Won the Bronze medal in State level Cricket tournaments for Visually impaired tournament held at Coimbatore on 14-15 August 2022	
			Athletics	Representing TamilNadu participated in 100M,800m, Longjump events at Thyagraj stadium, New Delhi from 14 – 16 December 2022	
			Cricket	Unisys Transforming &Empowe ring Blind individuals through skilling & cricket coaching programme organized in Cricket Association for the Blind in India from 26 December – 14 January 2023	

				Blind national level cricket tournament held at BSS College, Bhopal from 14-17 January 2023	
			Athletics	Participated the 100 Mtrs in District level Athletic meet held at Dr. MGR stadium, Madurai on 28 August 22	
5	V. Vignesh	20UTA41	Foot ball	Represent Tamilnadu participated in the sixth IBFF Men's National Blind Football Championship held at Chennai from 18 th to 20 th September 2022	
			Cricket	Unisys Transforming & Empowering Blind individuals through skilling & cricket coaching programme organized in Cricket Association for the Blind in India from 26 December – 14 January 2023	
			Athletics	Won the gold – 400mts, Silver – Long jump & 100mtrs events in 18 th State senior para athletics championship 23 at Chennai from 19- 21 January 23	
			kabaddi	Participated in the state level kabaddi championship for blind held at velammal matriculation school, Madurai on 23 & 24 April 2022	
			Cricket	Participated in the state level cricket tournament held at poondi on 4-5 June 22	

6	M. Vinoth	21UPTA13	Athletics	Representing TamilNadu participated in 100M,200m, Longjump events at Thiagraj stadium, New Delhi from 14 – 16 December 2022	
			kabaddi	Participated in the state level kabaddi championship for blind held at velammal matriculation school, Madurai on 23 & 24 April 2022	
			Athletics	Won the Silver medals in 100 mtrs& 400Mtrs events in 18 th State senior para athletics championship 23 at Chennai from 19- 21 January 23	
6	S.Maharaja	20UEN13	Cricket	Participated in the state level cricket tournament held at poondi on 4-5 June 22	
			Cricket	Blind national level cricket tournament held at BSS College, Bhopal from 14-17 January 2023	
			kabaddi	Participated in the state level kabaddi championship for blind held at velammal matriculation school, Madurai on 23 & 24 April 2022	
			Foot ball	Represent Tamilnadu participated in the sixth IBFF Men's National Blind Football Championship held at Chennai from 18 th to 20 th September 2022	
			Cricket	Unisys Transforming &Empowe ring Blind individuals through skilling & cricket coaching programme organized in Cricket Association for the Blind in India from 26 December – 14 January 2023	

7	M. Nandhakumar		Athletics	Participated the Discus in District level Athletic meet held at Dr. MGR stadium, Madurai on 28 August 22	
			Athletics	Participated in 18 th State senior para athletics championship 23 at Chennai from 19- 21 January 23	
8	M. Dhanushkumar		Athletics	Participated the Shot put, 100Mts in District level Athletic meet held at Dr. MGR stadium, Madurai on 28 August 22	
			Athletics	Participated in 18 th State senior para athletics championship 23 at Chennai from 19- 21 January 23	
9	T. Ranjith		Athletics	Participated the Shot put in District level Athletic meet held at Dr. MGR stadium, Madurai on 28 August 22	
			Athletics	Participated in 18 th State senior para athletics championship 23 at Chennai from 19- 21 January 23	
10	R. Dhanush	22UEC08	Athletics	Participated in 18 th State senior para athletics championship 23 at Chennai from 19- 21 January 23	
			Athletics	Participated the 100Mts in District level Athletic meet held at Dr. MGR stadium, Madurai on 28 August 22	
11	D.E. Edward francis	22UEC10	Athletics	Won the Gold medal – Javelin & Shotput in 18 th State senior para athletics championship 23 at Chennai from 19- 21 January 23	
			Power lifting	Won the Gold & Bronze medals in Madurai Regional Para Powerlifting Championship 23 at Madurai on 10 December 23	
12	C. Rahul kannan	22UEC29	Athletics	Participated in 18 th State senior para athletics championship 23 at Chennai from 19- 21 January 23	
13	M. Amutha		Athletics	Won the Gold medal – 200mtrs in 18 th State senior para athletics championship 23 at Chennai from 19- 21 January 23	

14	M.Maheswari		Athletics	Won the Bronze medal – 200mtrs in 18 th State senior para athletics championship 23 at Chennai from 19-21 January 23	
15	M.Nandhini		Athletics	Won the Silver medal – 200mtrs in 18 th State senior para athletics championship 23 at Chennai from 19-21 January 23	
16	S. Amrish		Athletics	Won the Silver medal – 200mtrs in 18 th State senior para athletics championship 23 at Chennai from 19-21 January 23	

University Blues Team players (2022-2023)

TAEKWONDO

Sl.no	Name of the student	Reg.no	Level	Evidence
1	I.Narean	22UBA27	All India Inter-university held at Gurunayak university, Punjab (3/01/23 to 6/01/23)	
			Gold medal in tamilnadu state level championship(both junior and senior) held at kanyakumari from 19 to 21 august 2022	
			Silver medal in tamilnadu state level championship held at tenkasi from 2 to 4 September 2022	

Chess

Sl.no	Name of the student	Reg.no	Level	Evidence
1	T. Madhavan	21UCO22	South zone inter university Chess tournament held in SRM university, Chennai (10/03/23 to 12/03/23)	

FENCING

<u>Sl.no</u>	Name of the student	Reg.no	Students participated in which event	Level	Evidence
1.	Sathasivaganesh.v	20SUCB20	Foil	All India Inter-university held at Punjab University from 7-01-22 to 12-01-22	

2.	AshwathVignesh Raj	22UZOO2	Sabre	All India Inter-university held at Punjab University from 7-01-22 to 12-01-22	
3.	Vijayakumar.R	22SUCG39	Foil	All India Inter-university held at Punjab University from 7-01-22 to 12-01-22	
4.	Santhosh.S.R	20UCS15	Sabre	All India Inter-university held at Punjab University from 7-01-22 to 12-01-22	

KARATE

Sl.NO	Name of the student	Reg.no	Level	Evidence
1	Navinkumar.R.P	22UMA21	All India Inter-university held atatalbiharivajbayee university, Bilaspur Chhattisgarh from 17/1/23 to 22/1/23	
2	L. Ishwarya	21PCH17	Gold medal in Kumite event in All India level open karate championship - 2023held at Madurai on 12 February 2023	

CRICKET

Sl.no	Name of the student	Reg.no	Level	Evidence
1	Manirathinam.T	22PCH05	All India Inter-university held at REVA university, Bangalore. FROM 20/02/2023 TO 23/02/2023	

ROLLER SKATING

Sl.no	Name of the student	Reg.no	Level	Evidence
1	RakulKannan.C (DEAF & DUM)	22UEC29	All India Inter-university held at Andhra university	
			Tamilnadu state level skates kho held at trichy from 31/07/22	
			Skates open nationals championship held at Maharashtra from 21/8/22	

Cricket (Visually challenged)- Nagesh trophy

Sl.no	Name of the student	Reg.no	Level	Evidence
1	Maharaja.S	20UEN13	Representing Tamilnadu cricket team and participated the National T20 tournament (Nagesh trophy)for blind 2022-2023 heald at Chennai from 11 to 15 Feburary 2023 held at	

			pondicherry	
2	Vignesh.V	20UTA41	Representing Pondicherry cricket team and participated the National T20 tournament (Nagesh trophy) for blind 2022-2023 heald at Chennai from 11 to 15 Feburary 2023 held at pondicherry	 <p>The certificate is awarded to Vignesh.V, B-2, Thiruvannamalai College, Madurai. Category: B-2, representing Pondicherry Cricket Team in IndusInd Bank Nagesh Trophy National T20 Cricket Tournament for the Blind 2022-23 held between 11th to 15th February 2023 at Pondicherry.</p>
3	D. Murugavel	20UTA23	Representing Pondicherry cricket team and participated the National T20 tournament (Nagesh trophy)for blind 2022-2023 heald at Chennai from 11 to 15 Feburary 2023 held at pondicherry	 <p>The Certificate is awarded to D. Murugavel, B-2, Thiruvannamalai College, Madurai. Category: B-2, representing Pondicherry Cricket Team in IndusInd Bank Nagesh Trophy National T20 Cricket Tournament for the Blind 2022-23 held between 11th to 15th February 2023 at Pondicherry.</p>

CARROM

Sl.no	Name of the student	Reg.no	Name of the Game /Sports	Level	Evidence
1	Asvika . H	22UBA44	carrom	Runner-up in Tamilnadu state junior championship held at ambattur from 26 to 28 januray 2023	
				47 th junior national carrom, 7 th positin in singles at Mumbai on 1-4 February 23	
				47 th junior national carrom, 1 st position team championship held at Mumbai on 1-4 February 23	

BOXING

Sl.no	Name of the student	Reg.no	Name of the Game /Sports	Level	Evidence
1	Shaliendharbabu.B	21SUBA32	Boxing	Gold medal in TamilnaduSouth zone boxing championship head at virudhunagar on 27 th October 2022	

V. Vignesh, 20UTA41 has received the M.M. Subramanian Endowment Award for the Best Football player of the college.



Annual Sports Meet

Intramural Tournament & Sports Events

Intramural Tournaments were held in various disciplines for both men and women students and staff during March 2023. The 74th Annual Sports Meet was held on 13th March 2023 (Monday) Thiru. Karumuttu K. Thiagarajan presides over the function. Thiru. M.Baskaran, Superintendent of Police, Madurai is the Chief Guest.

S.No	Gender	Over all Championship	Department
1.	Men	Winners	Commerce
		Runners-up	Tamil
2.	Women	Winners	Commerce
		Runners-up	Zoology

