

DEPARTMENT OF PHYSICAL EDUCATION-2021-2022

Staff member:

Head & Director of Physical Education: Mr. **R. Selvakumar**, M.P.ED., M.Phil, P.G.D.C.A,

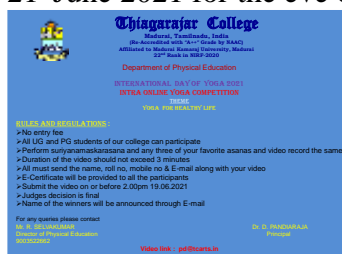
P.G.D.Y.H, NSNIS(Badminton)

Asst. Director of Physical Education: Mr. M. Raja, M.PED., P.G.D.Y.H

Asst. Director of Physical Education: Dr. P. Nathiya, P.G.D.Y.H

Marker: Mr. T. Murugesan

1. Online yoga competition organized by the Department of Physical Education on 21st June 2021 for the eve of international day of yoga.



2. The Department of Physical Education organized the Trekking under the title of “Awareness of yoga and fitness” programme for college part V Physical Education students held at Alagarkovil hills, Madurai on 23-10-2021 at 7.00 a.m.



3. Part V Physical education students Voluntaries actively Participated in “Asanas& Pranayama” Lecdemclass by R. Selvakumar, Director of Physical Education and also “Meditation” Lecdem class by Volunteers from Brahmakumarisishwaravishwavidyalaya, Madurai Pathanjali yoga center and

Diamond jubilee hall on 12-10-21 at 7.00am Thiagarajar college, Madurai-09 totally 50 students participated in the programme



4. Part V Physical education students Voluntaries actively Participated in Swachhbharath mission activity at our college campus on 21-10-21





5. The Department of Physical Education organized the Traditional sports festival on 30-12-21 totally 500 students were participated in this programme.



6. The Department of Physical Education organized the Ayuthapooja and vijayadasami celebration on 13-10-2021
7. The Department of Physical Education organized the one week Silambam camp for our college students on 21-12-2021



8. The Department of Physical Education organized the 15 days Fencing camp for our college students on 13-10-2021

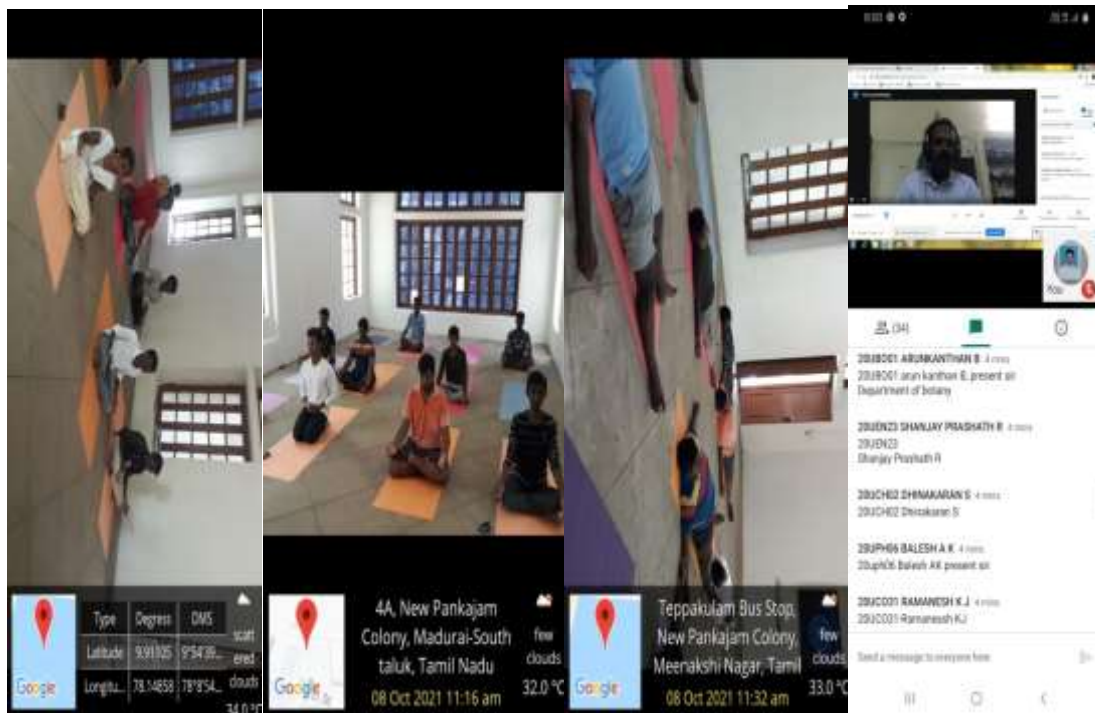


9. R. Selvakumar, Director of Physical Education organised the Alumini meet (Divyagjan) held at Tholkappiararangu (MH1) on 29th January 2022 (Saturday) at 9.30am



10. The department is also conducting regular yoga classes covering both theory and practical aspects for men and women: It is offered to:

1. Sports & games students
2. Part V Students (Regular & Self finance students)
3. Fitness & wellness certificate course students of Women study center.



Management contribution

1. Our honorable management sponsored Rs.5,000/- to our college student S.Ishwarya, 21PCH17, IstMsc., Chemistry, qualified to represent Indian team to participate at south zone karate championship.

Attended FDP/Seminar/World record/Certificate course/ Refresher course:

1. Mr. R. Selvakumar, Director of Physical education has successfully completed the one week faculty development programme on “ Recent Trends and Challenges in Research” organized by teaching learning centre, Ramanujan college, University of Delhi from 10-05-21 to 18-01-21 and obtained **Grade-A**.



2. Mr. R. Selvakumar, Director of Physical education has successfully completed the one week On line TNAA's Summer Athletic Coaches Seminar 2021 from 8,9,15,16,22&23 may 2021.



3. Mr. R. Selvakumar, Director of Physical education has attended the Online national webinar in commemoration with “World Environment Day “Organized by Meenakshi academy of Higher Education and research on 05-06-2021.



4. Mr. R. Selvakumar, Director of Physical education has successfully participated in the Onlinejeevaraksha course organized by Universal peace foundation, Thirumurthi hills, India on 05-06-2021& 06-06-2021.



5. Mr. R. Selvakumar, Director of Physical education has successfully participated in the International day of yoga organized by Universal peace foundation & shriparanjothi yoga college Thirumurthi hills, India on 21-06-2021.



6. Mr. R. Selvakumar, Director of Physical education has participated in the International online nobel world record attempt on virabhadrasanafor 90 seconds organized by tamilnadu yoga federation on 19-06-2021.



7. Mr. R. Selvakumar, Director of Physical education has Successfully attended the “Faculty development program on Anti-Doping and sports science -2021” organized by AURO university, surat from from 15-06-21 to 21-06-2021.



8. Mr. R. Selvakumar, Director of Physical education has successfully attended the seminar titled “Mental health booster & Natural O2” organized by Dr. M.G.R educational and research institute on 29-06-21.



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10. Mr. R. Selvakumar, Director of Physical education has successfully attended the UGC sponsored webinar on “YOGA for wellness” organized by UGC-Human resource development centre, Bharathidasan university, Tiruchirappalli on 06-08-21.



11. Mr. R. Selvakumar, Director of Physical education has successfully passed the FDP moodle test for teachers and self learning through spoken tutorials and passing an online test completes the training programme conducted by spoken tutorial project at IIT Bombay from 10-08-21 to 16-08-21



12. Mr. R. Selvakumar, Director of Physical education has participated in the International online Noble world record event on Bhujangasana for 50 seconds organized by Narchintahanaivattam, chennai on International conference on 05/09/21



13. Mr. R. Selvakumar, Director of Physical education has successfully attended the sport injury workshop conducted by velammal medical college on 26-02-2022 at velammal medical college, madurai.
14. Mr. R. Selvakumar Director of physical education has participated in the 108 Sun Salutation Noble World Record Official Event of Online International Demonstration and Webinar held on 05/02/2022.
15. Mr. R. Selvakumar Director of physical education has participated in the two days 'International Conference on Innovative Technology for Sustainable Development in Sports, fitness and Healthy Life' organized by the Alagappa University College of Physical Education & SMIRF for Higher Education, Alagappa University, Karaikudi on 25th and 26th Feb 2022.

Membership in national bodies :

1. Mr. R. Selvakumar Director of Physical education has Yoga professional member in Indian yoga association, Delhi-110078 (ID: IYA/2021/YP2924)



Guest lecturer:

1. Mr. R. Selvakumar Director of Physical education has acted as resource person and deliver the lecture in the Leadership Training program (Virtual) organized by department of physical education, avinashilingam institute for Home science and higher education for women, coimbatore on 10-08-21.

Attended FDP/Seminar/World record/Certificate course/ Refresher course:

1. Dr. P. Nathiya, Asst Physical director Selected as team manager for the Madurai Kamaraj University Volleyball Women team to participate in the All India South Zone Inter- University Tournament to be held at SRM IST, at Chennai from 13.12.21 to 16.12.21

Tournament Organized :

1. Organised the Madurai kamaraj University A- zone Inter-Collegiate Badminton tournament held at American college Indoor stadium, Madurai on 25-11-2021 at 7.30 a.m. R. Selvakumar, Director of Physical Education appointed as convener of the MKU Badminton tournament.



2. Organised the Madurai kamaraj University A- zone Inter- Collegiate Basketball tournament held at Thiagarajar college, Madurai-09 on 24-11-2021 at 7.30 a.m. R. Selvakumar, Director of Physical Education appointed as convener of the MKU Basketball tournament. Our college alumni Mr. kumaresan inaugurate the tournament



3. Organised the Madurai kamaraj University A- zone Inter- Collegiate Ball badminton tournament held at The American collegecollege, Madurai on 26-11-2021 at 7.30 a.m. R. Selvakumar, Director of Physical Education appointed as convener of the MKU Ball

badminton tournament. Our college alumni Mr. Soundharapandi inaugurate the tournament



4. Organised the Madurai kamaraj University A- zone Inter- Collegiate Cricket tournament held at NPR college, Natham, Dindugul on 22-12-2021 & 23-12-2021 at 7.30 a.m. R. Selvakumar, Director of Physical Education appointed as convener of the MKU Cricket tournament.



- 5.

Selection Committee Member:

1. Mr. R. Selvakumar, Director of Physical Education Appointed as a Selection committee member for Madurai Kamaraj University Tennis (Men) blues team held at The American college, maduraifrom03-12-2021.
2. Mr. R. Selvakumar, Director of Physical Education Appointed as a competition secretaries and Time keeper for Madurai Kamaraj University Athletics (Men& Women) team held at , Dr. M.G.R Stadium, Madurai-02 from 22-10-2018 to 24-10-2018.



3. Mr. R. Selvakumar, Director of Physical Education Appointed as Coach for First tamilnadu blind football association residential coaching camp organized by transworld group held at Montfort school, st. Thomas, Chennai and also accompany our college visually challenged football team



Coaching Camp Programme:

1. We also Organized 7days Coaching Camp for Badminton, Boxing, Ballbadminton,

Basket ball, Chess, Cricket, Football, Kabaddi, Table Tennis, Best Physique, Volleyball, Handball, weight lifting & power lifting for Men Students & Athletics. Chess, Badminton, Ballbadminton, volleyball, Athletics for Women students.

The following are the achievements of an students in M.K.University 'A' zone Inter collegiate team Tournaments:

1. Our College Table tennis (Men) team won the MKU 'A' zone Inter- Collegiate Runners-Up Trophy held at American college, Madurai on 25-11-2021



2. Our College Badminton (Men) team won the MKU 'A' zone Inter- Collegiate Runners-Up Trophy held at American college, Madurai on 25-11-2021



3. Our College Ball badminton (Men) team won the MKU 'A' zone Inter- Collegiate Runners-Up Trophy held at The American College, Madurai on 10-09-2019



Inter-University level tournament Coach Cum Team manager :

1. Mr. R. Selvakumar, Director of Physical Education, Thiagarajar college has appointed as team manager and coach for Madurai kamaraj university badminton team (Men) to participate the South zone inter university badminton (Men) tournament held at Konerulakshmiah Univeristy, Guntur (AP) from 6-12-21 to 10-12-21




2. Mr. R. Selvakumar, Director of Physical Education, Thiagarajar college has appointed as team manager and coach for Madurai kamaraj university Tennis team (Men) to participate the South zone inter university Tennis (Men) tournament held at SRM Univeristy, Chennai from 9-1-22 to 12-1-22




University Blues Team players (2021-2022)

Fencing

| Sl.no | Name of the student | Reg.no | Name of the Game /Sports | Students participated in which Event | level | Evidence |
|-------|---------------------|----------|--------------------------|--------------------------------------|---|---|
| 1. | P. Priyansujain | 20UBA29 | Fencing | Foil | All India Inter-university held at Punjab University from 7-01-22 to 12-01-22 |  |
| 2. | V. Sathasivaganesh | 20SUCB20 | Fencing | Foil | | |
| 3. | S.R. Santhosh | 20UCS15 | Fencing | Sabre | | |

Tennis

| Sl.no | Name of the student | Reg.no | Name of the Game /Sports | Level | Evidence |
|-------|---------------------|----------|--------------------------|---|--|
| 1 | T. Rohit | 19SUHC11 | Tennis | South zone inter university tennis tournament held in SRM university, Chennai (9/01/22 to 12/01/22) |  |

Chess

| Sl.no | Name of the student | Reg.no | Name of the Game /Sports | Level | Evidence |
|-------|---------------------|----------|--------------------------|---|----------|
| 1 | M. Deepika | 19SUHC11 | Chess | South zone inter university Chess tournament held in SRM university, Chennai (01/04/22 to 03/04/22) | |

Yoga

| Sl. No | Name of the student | Reg.no | Name of the Game /Sports | Students participated in which Event | National level | International level |
|--------|---------------------|---------|--------------------------|--|----------------|------------------------------------|
| 1 | SANJEEVI S | 20UEC28 | YOGA | National yoga championship organized by hillford MHSS & yoga cultural society on 7.3.21 | FIRST | |
| 2 | SANJEEVI S | 20UEC28 | YOGA | GUINNESS WORLD RECORD (longest time to hold wheel pose-)on 22.07.21 | | World record 22Min 52.50sec |
| 3 | SANJEEVI S | 20UEC28 | YOGA | Chollan book of world record(holding wheel pose more than five minutes held on 15.09.21 | | World record |
| 4 | SANJEEVI S | 20UEC28 | YOGA | Global book of world record Held on 19.09.21 | | World record |
| 5 | SANJEEVI .S | 20UEC28 | YOGA | 27 th national yoga festival organised Governments of puducharry and department of tourism . 4.01.22 to 7.01.22 | | participation |

Enabling the disable:

District /State / National Level Visually Impairment Students Achievements:**Football/Cricket/Volleyball:**


| SL. No | Name of the student | Reg.No | Name of the Game/Sports | Students participated in which Event | State level | National level | International level |
|--------|---------------------|---------|--|---|-------------|----------------|---------------------|
| 1 | D.Murugavel | 20UTA23 | 1. Football, 2. Cricket, 3. Volleyball | 1.Chennai 2. Nagesh trophy-CABI 3.Ambition of vision trust | yes | participation | |
| 2 | V. Vignesh.V | 20UTA41 | 1. Football, 2. Cricket, 3. Volleyball | 1.Chennai-TNBFA, 2. Nagesh trophy-CABI 3.Ambition of vision trust | Yes | participation | |
| 3 | S.Maharaja | 20UEN13 | 1. Football, 2. Cricket, 3. Volleyball | 1.Chennai-TNBFA, 2. Nagesh trophy-CABI 3.Ambition of vision trust | Yes | participation | |
| 4 | J. Parthipan | 20UTA26 | 1.Cricket 2.Football | Coimbatore Chennai | Yes | | |
| 5 | Ranjith.T | 20UTA30 | 1.Football | Chennai | Yes | | |
| 6 | Nandini.M | 20UTA55 | 1.Volleyball 2.Football | Chennai Chennai | Yes | | |
| 7 | Maheshwari M | 20UTA52 | 1.Volleyball 2.Football | Chennai | Yes | | |
| 8 | Amutha.M | 21UTA43 | 2.Football | Chennai | Yes | | |
| 9 | Vengadeshwaran.M | 21UTA34 | 1. Football, 2. Cricket, 3. Volleyball | 1.Chennai-, 2.Coimbatore 3. Chennai | yes | | |
| 10 | Nandakumar M | 21UTA16 | 1. Football, 2. Cricket, 3. Volleyball | 1.Chennai-, 2.Coimbatore 3.Chennai | yes | | |
| 11 | Dhanushkumar. M | 21UTA05 | 1. Football, | 1.Chennai | yes | | |
| 12 | Abinaya S | 21UEN31 | 1.Football | Chennai | yes | | |
| 13 | Vinoth M | 21PTA13 | 1.Football | Chennai | yes | | |

Athletics:

| SL. No | Name of the student | Reg.No | Name of the Game/Sports | Students participated in which Event | State level |
|--------|---------------------|---------|-------------------------|---|--------------|
| 1 | D.Murugavel | 20UTA23 | Shotput F-12 | 1st state para athletic championship-22 held at Tamil nadu physical education and sports university, Chennai from 2 & 3.03-22 | Silver medal |
| 2 | V. Vignesh.V | 20UTA41 | 100mtrs T-11 | „ | Silver medal |
| 3 | S.Maharaja | 20UEN13 | Shotput F-11 | „ | Bronze medal |
| 4 | J. Parthipan | 20UTA26 | 400mts T-12/13 | „ | Silver medal |
| | | | 1500mts T-12/13 | „ | Silver medal |
| 5 | Ranjith.T | 20UTA30 | Shotput F-12 | „ | Silver medal |
| | | | Javelin F-12 | „ | Bronze medal |
| 6 | Maheshwari M | 20UTA52 | Shotput F-11 | „ | Silver medal |
| | | | 100mtrs T-11 | | Silver medal |
| 7 | Amutha.M | 21UTA43 | Shotput F-11 | „ | Gold |
| | | | 100mtrs T-11 | | Gold |
| 8 | Dhanushkumar. M | 21UTA05 | Shotput F-12 | „ | Bronze medal |
| 9 | Abinaya S | 21UEN31 | 100mtrs T-11 | „ | Bronze medal |
| | | | Shotput F-11 | „ | Bronze medal |
| 10 | Vinoth M | 21PTA13 | 100mtrs T-12 | „ | Gold |
| | | | Longjump T-12 | „ | Gold |
| 11 | Arunkumar k | 19UEN06 | Discus F-11 | “ | Bronze medal |


Karate:

| Sl.no | Name of the student | Reg.no | Name of the Game /Sports | Students participated in which Event | State level | National level | Evidence |
|-------|---------------------|---------|--------------------------|---|--------------|---------------------------------|---|
| 1 | L. Ishwarya | 21PCH17 | Karate - kata | South india karate championship 2021 held at mariyasagayam auditorium paramakudiraman athapuram on the date of 29.08.2021 | | Third place (south india level) |  |
| 2 | L. Ishwarya | 21PCH17 | Karate - kumite | South India Karate Championship 2021 held at MariyaSagayam Auditorium ParamakudiRama nathapuram on the date of 29.08.2021 | | Third place (south india level) | |
| 3 | L. Ishwarya | 21PCH17 | Karate - kumite | State level Karate Championship 2021 held at NatarajanVelamm al wedding mahalkottaimedu – kamuthi, on 26.09.2021 | Second place | | |
| 4 | L. Ishwarya | 21PCH17 | Karate - kata | State level Karate Championship 2021 held at NatarajanVelamm al wedding MahalKottaimedu – kamuthi on 26.09.2021 | Third place | | |
| 5 | L. Ishwarya | 21PCH17 | Karate - kata | State level Karate Open Championship 2021 held at seshuMahal Madurai on 10.10.2021 | First place | |  |
| 6 | L. Ishwarya | 21PCH17 | Karate - kumite | State level Karate Open Championship 2021 held at seshuMahal Madurai on | Second place | | |

| | | | | | | | |
|----|-------------|---------|--------------------|--|--|--------------|---|
| | | | | 10.10.2021 | | | |
| 7 | L. Ishwarya | 21PCH17 | Karate - kata | 4 th South India level karate games held at Damien Public School nilakottaiDindigul on 31-10-2021 | | First place |  |
| 8 | L. Ishwarya | 21PCH17 | Karate – team kata | 4th South Indian karate games held at Damien Public School nilakottai on 31.10.2021 | | First place | |
| 9 | L. Ishwarya | 21PCH17 | Karate - kumite | 4 th South India level karate games held at damien School nilakottaiDindigul on 31.10.2021 | | Second place | |
| 10 | L. Ishwarya | 21PCH17 | Karate - kumite | National karate championship held at Kovilpatti on 08.01.22 | | | Third |

| Sl.no | Name of the student | Reg.no | Name of the Game /Sports | Students participated in which Event | State/Inter state level | National /International level |
|-------|---------------------|---------|--------------------------|--|--|-------------------------------|
| 1. | D.kottaisamy | 21UCS06 | Karate | 4 th South india level karate games at Dindigul on 31.10.2021 | Silver medal | |
| 2 | D.kottaisamy | 21UCS06 | Kata Kumite | State level open Championship-21 at seshumahal, madurai on 10.10.2021 | Gold medal Gold medal | |
| 3 | D.kottaisamy | 21UCS06 | Karate | Karate tournament and world record in karate | . Sports karate association, tamilnadu at trichy on 21.11.2021 | |
| 4 | D.kottaisamy | 21UCS06 | Karate | 11,53,500 punches in 10 hours organized by cholan book of world records at thirumangalam | | Individual world record |
| 5 | D.kottaisamy | 21UCS06 | Kata Kumite | National karate championship-2022 at kovilpatti, tamilnadu on 8.1.2022 | | Gold medal Gold medal |
| 6 | D.kottaisamy | 21UCS06 | Karate | Tamilnadu state karate championship-21 at national college, trichy on 21.11.21 | Gold medal | |

Taekwondo:

| Sl.no | Name of the student | Reg.no | Name of the Game /Sports | Level | Evidence |
|-------|---------------------|----------|-----------------------------------|---|---|
| 1 | M. Nithishkumar | 19SUHC11 | Taekwondo Senior under 63kg | 2 nd Inter state taekwondo championships - 2021 held at nishal convention. Tirupati on 6&7.11.21 |  |

Annual Sports Meet

Intramural Tournament & Sports Events

Intramural Tournaments were held in various disciplines for both men and women students and staff during March 2022. The 73rd Annual Sports Meet was held on 21st April 2022 (thursday) Thiru. Karumuttu K. Thiagarajan preside over the function. Prof. Dr. M. Sundar, Vice chancellor, Tamil nadu physical education and sports university, Chennai is the Chief guest.

| S.No | Gender | Over all Championship | Department |
|------|--------|--------------------------|------------|
| 1. | Men | Winners | BBA |
| | | Runners-up | Maths |
| 2. | Women | Winners | B.Com |
| | | Runners-up | English |





| Type | Degree | DMS | |
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