

## DEPARTMENT OF PHYSICAL EDUCATION

2016-17

1. The **International Yoga Day** was celebrated in physical education department. In this connection a special Yoga Programme for Part V Physical Education students demonstrated by ISHA YOGA center Volunteers which held at Tholkapiar hall, Thiagarajar college, Madurai-09 on 20-06-2016 and 21-06-2016





2. We also organized the **Educational Trip** to visit to the ISHA Yoga centre, Coimbatore on 16/07/2016. Totally 62 nos of students and 3 staff were participated in this trip.
3. Organized the Yoga lecdem under the title of “Ilagargalai valinadathum Yogam” at Tholkapiar arangu, Thiagarajar college, Madurai on 12/01/2017 Mr. Suraj sundara sankar Managing partner, SVS foods, Madurai explain the technique and tactics of yoga and meditation.
4. The department is also conducting regular yoga classes covering both theory and practical aspects for men and women: It is offered to:
  1. Sports & games students
  2. Part V Students (Regular & Self finance students)
  3. Fitness & wellness certificate course students of Women study centre













### **Workshop attended:**

R. Selvakumar, Director of Physical Education participated the UGC sponsored national workshop on SPORTS BIOMECHANICS organized by Department of Physical Education, Bharathidasan university, Tiruchirappalli- 620 024 on 19/12/2016.

### **Selection Committee Member:**

1. Mr. R. Selvakumar, Director of Physical Education Appointed as a Selection committee member for Madurai Kamaraj University Chess (Men & Women) blues team held at Dr. Mu.Vaa. Arangu, Madurai kamaraj University, Madurai-625 019 from 9-08-2016 to 11- 08-2016.
2. Mr. R. Selvakumar, Director of Physical Education Appointed as a Selection committee member for Madurai Kamaraj University Swimming (Men) blues team held at ,Kalasalingam University, Krishnankovil on 29-08-2016.
3. Mr. R. Selvakumar, Director of Physical Education Appointed as a competition secretaries and Time keeper for Madurai Kamaraj University Athletics (Men & Women) team held at , Dr. M.G.R Stadium, Madurai-02 from 14-12-2016 to 16-12-2016.
4. Mr. R. Selvakumar, Director of Physical Education Appointed as a Selection committee member for Madurai Kamaraj University Ball badminton (Men) blues team held at ,GTN College, Dindigul on 22-12-2016

### **Inter University Level MKU Blues Team Manager:**

Mr. M. Raja, Asst. Director of Physical Education appointed as a Team manager for Madurai Kamaraj University Chess (Men & Women) blues team to participate the South Zone Inter University Chess tournament held at Vel Technology University, Chennai from 12-10-2016 to 15-10-2016

### **Coaching Camp Programme:**

1. We also Organized 7days Coaching Camp for Badminton, Ball badminton, Basket ball, Chess, Cricket, Football, Kabaddi, Table Tennis, Best Physique, Shooting Volleyball, Handball, Swimming for Men Students & Athletics.  
Chess, Badminton, Ballbadminton, Athletics for Women students.

### **Touranament Organised:**

1. Madurai Kamaraj University "A" Zone Inter-Collegiate Ball badminton Men tournament was held at Thiagarajar college grounds, Madurai-09.
2. Madurai Kamaraj University "A" Zone Inter-Collegiate Handball Men tournament was held at The American college, Madurai-01 on 26-08-2016.
3. Madurai Kamaraj University "A" Zone Inter-Collegiate Cricket Men tournament was held at The American college grounds, Madurai-01.

Our student competed in Athletics, Badminton, Chess, Cricket, Football, Kabaddi, Hockey, Table tennis, Swimming, Best Physique, Handball, volleyball, basketball, Athletics in the men's category and our women's team ventured in Ball badminton , kho kho in the MK University.

**The following are the achievements of an students in M.K.University 'A' zone Inter collegiate team Tournaments:**

- Our College **Table tennis** (Men) team won the MKU 'A' zone Inter- Collegiate **Winners** Trophy held at Yadava college, Madurai on 09-08-2016
- Our College **Ball badminton** (Men) team won the MKU 'A' zone Inter- Collegiate **Winners** Trophy held at Thiagarajar College, Madurai 12-9-2016



- Our College **Cricket (Men)** team won the MKU 'A' zone Inter- Collegiate **winner**s Trophy held at The American college , Madurai on-21 from 14-09-2016 to 16-09-2016.





- Our College **Volleyball (Men)** team won the MKU ‘A’ zone inter- Collegiate **Runners** Trophy held at The American College, Madurai on 26-08-16.



- Our College **Handball (Men)** team won the MKU ‘A’ zone inter- Collegiate **Runners** Trophy held at The American College, Madurai on 26-08-2016

**The following are the achievements of students in M.K.University Champion Trophy Inter collegiate team Tournaments:**

- Our College **Table tennis (Men)** team won the Forth place in MKU Champion trophy Inter- Collegiate table tennis tournament held at Madurai
- Our College **Ball badminton (Men)** team won the Forth place in MKU Champion trophy Inter- Collegiate Ball badminton tournament held at G.T.N. College, Dindigul from to
- Our College **Cricket (Men)** team won the Third place in MKU Champion trophy Inter- Collegiate Cricket tournament held at HKRH college, Uthamapalayam from to

- Our College **Volleyball (Men)** team won the MKU ‘A’ zone inter- Collegiate **Runners** Trophy held at The American College, Madurai on 26-08-16.

**Achievement in Individual events at University level:-**

**SWIMMING:**



\*A.Sanjay kumar, III Bsc IT won the following medals in M.K.U Swimming competition held at Kalasalingam University, Krishnankovil from

50Mts Free style - Silver medal (Second position)

100Mts Free style – Silver medal (Second position)

200Mts Free style - Gold medal (First position)

**Inter University level:**

\*A.Sanjay kumar, III Bsc IT won the Silver medal in 200mts Individual medley event in State level Inter University competition at Kalasalingam University, Krishnankovil on 18-01-2017 and 19-01-2017

**State level :**

\*A.Sanjay kumar, III Bsc IT won the following medals in State level Swimming competition held at V.H.N.S.N college, Virudhunagar on 29-01-2017

100Mts Free style - Silver medal (Second position)

100Mts Back stroke style – Bronze medal (Third position)

**District level :**

\*A.Sanjay kumar, III Bsc IT won the following medals in VIII District level Swimming competition held at Dr. M.G.R Stadium, Race course, Madurai on 03-09-2016

100Mts Free style - Silver medal (Second position)

500Mts Breast stroke – Silver medal (Second position)

50Mts Butterfly stroke- Silver medal (Second position)

50Mts Free style - Bronze medal (Third position)

\*A.Sanjay kumar, III Bsc IT won the Silver medal in Honourable Chief Minister's Trophy District level Swimming competition held at Dr. M.G.R Stadium, Race course, Madurai on 03-12-2016

**ATHLETICS:**

\*S.Gunaseelan I BA Eng won the Broze medal (third place) in Triple Jump event in M.K.U Athlete meet held at Dr.MGR Stadium ,Madurai on 14-12-2016 to 16-12-2016

**University Blues Team players (2016-2017)**

<b>S</b>	<b>Game</b>	<b>Name</b>	<b>Regno./Class</b>	<b>Venue</b>	<b>Date</b>
1	Cricket	K.Kannan	III BSC Chemistry	Hindustan University, Chennai	2/1/17 to 11/1/17
2	Cricket	M.Nagarajan	III BSC Physics	Hindustan University	2/1/17 to 11/1/17
3	Cricket	N.Karthikeyan	III BSC Psychology	Hindustan University	2/1/17 to 11/1/17



4	Swimming	A.Sanjay Kumar	III BSC IT	Punjab University, Chandigarh.	16/10/16 to 20/10/16
5	Ballbadminton	A.Ponraj	III BA Tamil	SRM University, Chennai	29/12/16 to 2/1/17











# Open Tournaments

## SILAMBAM

### District level:

- **P.Jaya pandi, I BBA** Thiagarajar college qualified the JUNIOR INSTRUCTOR Silambam Awarded by K.R. Muniyaraj Memorial Traditional Arts Academy, Madurai held at Madura College, Madurai on 20.2.2016.
- **P.Jaya pandi, I BBA** Thiagarajar college won the Silver medal (category-Stick fighting under 45-50wt )in 2<sup>nd</sup> state level silambam competition held at Sivakasi on 24-07-2016
- **P.Jaya pandi, I BBA** Thiagarajar college won the Bronze medal in District level silambam competition held at Anna stadium, Tiruchirapalli on 25-09-2016
- **P.Jaya pandi, I BBA** Thiagarajar college won the Gold medal (category-Stick rolling under 45-50wt )in 2<sup>nd</sup> state level silambam competition held at Sivakasi on 24-07-2016

### National level

- **P.Jaya pandi, I BBA** Thiagarajar college won the gold medal in All India Interstate level selectional silambam open competition held at Madura college on 20-03-2016

## SHOOTING

### INTERNATIONAL LEVEL:

- \*V. Sarvesh swaroop Shankar, III Bsc Bio Tech won the Bronze medal in 50Mtrs Rifle Prone Junior Men in ISSF Junior World Cup, Gabala (Azerbaijan) 2016.







### **INTERNATIONAL LEVEL:**

\*V. Sarvesh swaroop Shankar, III Bsc Bio Tech won the following medals in 60<sup>th</sup> National Shooting Championship competition Rifle held at Pune from 12-12-2016 to 26-12-2016

- 1) 50Mts Rifle 3 position Jr.Men (ISSF) Team Champ - Silver medal (Second position)
- 2) 50Mts Rifle 3 position Jr.Men (ISSF) Civilian - Bronze medal (Third position)
- 3) 50Mts Rifle 3 position Jr.Men (ISSF) National champ – Silver medal (Second position)
- 4) 50Mts Rifle Prone Jr.Men (ISSF) Team Champ – Gold medal (First position)
- 5) 50Mts Rifle Prone Jr.Men (ISSF) Civilian Champ – Silver medal (Second position)

### **FENCING:**

\*S. Sathish, II Bsc Computer science won the Gold medal in Honorable chief minister's Trophy – District level Fencing (Epee) competition – (2016) held at Dr. M.G.R stadium, Madurai from 02-12-2016 & 03-12-2016. He got a Rs. 1000/- cash award.

### **GYMNASTICS:**

\*S. Priyanga, II Bsc, Physics won the bronze medal in Honorable chief minister's Trophy- District level Gymnastic (balancing beam) competition held at Dr. M.G.R stadium, Madurai from 02-12-2016 & 03-12-2016. He got a Rs. 1000/- cash award.

## **Annual Sports Meet**

### **Intramural Tournament & Sports Events**

Intramural Tournaments were held in various disciplines (40) for both men and women during January to March 2017. The 68<sup>th</sup> Annual Sports Meet was held on 06<sup>th</sup> March 2017. Mr. G.E. Sridharan, International Volleyball Player, Arjuna awardee & Dronacharya awardee was the Chief Guest and B. Syed Abuthahir, International Para Athlete in Discus (an alumnus of our college) was the Guest of honor.

S.No	Gender	Over all Championship	Department
1.	Men	Winners	Dept. of English
		Runners-up	Dept. of Mathematics
2.	Women	Winners	Dept. of English
		Runners-up	Dept. of commerce













